

Water & Humidity

Plants need water to survive, and they can get this from the air, from the soil, from rain, or, in the case of indoor plants, from you.

Watering your plants

Different types of plants need different amounts of water, and the same kind of plants may need more or less water in different environments. This can make figuring out a watering schedule tricky! There are a few general guidelines that can help you get started:

- keep track of how often you water your plants, especially when you're just getting started. You could write in your agenda or calendar the days you water your plant or track it in a plant journal.
- Don't over-water! When roots get too wet for too long they can start to rot
 - A good way to avoid over-watering is to use a pot with holes in the bottom of it for your plant. that way, when you pour too much water on it, the excess can pour out through the holes. Just make sure to have a plate or saucer underneath the pot!
- A good way to test if your plant needs to be watered is to stick your finger in the soil. If the first centimeter of soil is dry, your plant probably needs water.
 - Some plants like cacti and succulents, though, like to dry out completely between waterings.

Humidity

Different growing spaces have different average levels of humidity. Humidity means how much water is in the air. If you have a very dry room, you may need to water your plants more because the water you add to them may evaporate into the air. If you have a more humid growing space, you might want to water your plants less, and some plants that prefer to dry out between waterings might take longer to do so.

Check out the Measuring Humidity activity guide on our "getting started" page to learn how to estimate the humidity in your growing space.