

# 30-DAY CLIMATE ACTION CHALLENGE

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				1  Share this challenge What's your climate change story?	2  Grasp the basics of climate change	3  Calculate your carbon footprint
4  Turn off electronics and lights when not using them	5  Explore the fruits and veggies in season in your area	6  Explore the benefits of favourite local fruits and veggies	7  Bring your own reusable bag when shopping	8  Travel by walking or biking	9  Learn how to identify a particular local tree type	10  Be mindful of your water usage
11  Journal about what nature and outdoors means to you	12  Research nearby community gardens	13  Limit waste as much as possible today	14  Properly dispose waste, recycling, and compost	15  Learn about climate- friendly gardening	16  Try a new plant- based meal	17  Watch a video/documentary on climate action
18  Try regrowing food scraps	19  Learn how to plant a local fruit or veggie	20  Identify the name of your local watershed	21  Find a climate action article and share it	22  Make nature- based arts and crafts	23  Learn about pollinators and their link to food supply	24  Go on a nature walk. Take a photo of 3 cool things
25  Declutter your surroundings and use only what you need	26  Think of another climate action you can take and share it	27  Discover the difference between coniferous and deciduous trees	28  Upcycle something you were going to recycle	29  Learn about the wildlife in your local area	30  Talk about climate change with a friend	31 



July  
1 - 30, 2021

#CLIMATEACTION  
WRSFG

 SCHOOL FOOD  
GARDENS  
WATERLOO  
REGION