



## Arts & Crafts Activity Instructions

Watercolour paintings have a very majestic finish. You can make your very own biodegradable, zero-waste watercolour paints from plant pigments? If you want a challenge & have some baking soda or lemons, try playing with pH to get more shades for your painting! Hope you enjoy!

## Materials:

- bowls/jars/stirring rods
- paint brushes, watercolour paper
- flower petals
- · Kettle of boiling water
  - Baking soda and lemon (optional)



Step 1:

Take petals off from flowers and separate into bowls based on colours.



Pour boiling water over petals until just submerged. Stir, creating a dark dye.





Step 3:

Repeat steps 1-2 for each of the bowls.

These are ready to go for watercolour painting!

Step 4: (optional) Sprinkle baking soda into a bowl to increase the pH the colour will be more red/deep





Step 5: (Optional)

Squeeze some lemon juice into a different bowl to create a more neon yellow shade.

Step 6: Time to create! Be sure to clean brushes before changing colours and dry the final painting before hanging!

