

DRAW YOUR FAVOURITE PLANT(S) AND TAPE IT UP TO THE WINDOW	GROW A VEGETABLE FROM KITCHEN SCRAPS	SHARE 5 THINGS YOU ARE GRATEFUL FOR	READ A BOOK	LOOK OUT THE WINDOW & FIND SOMETHING RED, GREEN, ORANGE, BROWN, YELLOW, BLUE AND PURPLE
DANCE TO YOUR FAVOURITE SONG OR TIKTOK VIDEO	MAKE A VEGGIE WRAP (ASK AN ADULT FOR HELP)	MAKE A LIST OF VEGETABLES FOR EVERY COLOUR OF THE RAINBOW	GERMINATE A SEED FROM A WET PAPER TOWEL	SHARE THIS BINGO WITH A FRIEND
FIND A SEED IN YOUR HOME AND SPROUT IT	COMPLETE OUR GREEN THUMBS WORD SEARCH	Stay Home & Stay Positive	EXERCISE FOR 20 MINUTES	CREATE LEAF PRINTS
MAKE FRUIT LEATHER (ASK AN ADULT FOR HELP)	MEDITATE FOR 5 MINUTES	GROW A PLANT WITH NO SOIL (ASK AN ADULT FOR HELP)	LOOK OUT YOUR WINDOW TO PLAY A GAME OF "I SPY WITH MY LITTLE EYE"	DESCRIBE YOURSELF USING POSITIVE ADJECTIVES
RECYCLE 7 PIECES OF PLASTIC	LISTEN TO AN ONLINE STORY	PRACTISE YOGA FOR AT LEAST 15 MINUTES	TRY A NEW FRUIT OR VEGETABLE	PLANT DRIED BEANS IN A CUP

